



CHRIST THE KING Herald

LUTHERAN CHURCH

October 2026

During these early days of autumn, whenever I find myself in conversation with other parents of school aged children, it often feels like a “check-in” of sorts. *How are things at your house? Are you adapting to the new rhythms? Are you struggling with dysregulation? Is everybody okay?* The adjustment from the fun and freedom of summertime to the expectations and extra-social realities of the school year can be a challenge. While this is especially true for our kids, it can be just as difficult for their adults as well.

When I was a preschool teacher, we had a whole series of tools that we would use to help our students navigate the many transitions of the day. We learned that regular warnings about what was coming next; simple songs for the group to sing while navigating the transition; and small but necessary tasks to move things forward proved to be extremely helpful. Using these tools often made the difference between a smooth transition and a rough one. And, if you’ve ever worked with young children, you know that that difference between smooth and rough can be incredibly significant. A real day-maker or breaker, if you know what I mean. Those repetitive reminders, silly little tunes, and simple jobs went a long way in making the hard work of transition a much easier task to tackle.

Now, I don’t need to tell you that difficulty navigating transitions—big or small— isn’t something relegated only to the work of schoolkids. As adults, we are constantly faced with moving on from one thing and head-on into another—very often with little warning or sometimes none at all. And just as it does for our kids, these transitions take their toll on us grown folk. It is hard to shift from something you’re used to into something new. Matter of fact, it’s hard enough just switching between two familiar things, isn’t it?

I often wonder, with all of our maturity and wisdom, why we aren’t better at it. In his letter to the early church in Philippi, the Apostle Paul writes: *Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.* (Phil. 4:6-7) Now, not being *anxious about anything* seems an awfully tall order to me. But this is still good advice. Doing a task like praying a prayer; placing our trust in the One we look up to; and singing a little song of thanksgiving as we move along just might be the help we need.

After all, if it works for the littlest among us, who’s to say it won’t work for us?

Keep praying. Sing a little song. And remember that God is with you every step along the way.

-Pastor Per

Volunteers for October

If you would like to greet, read, prep/serve communion or make coffee:

Greeter 10/4, 10/11, 10/18, 10/25

Assistant Minister 10/18, 10/25

Reader 10/4, 10/11, 10/18, 10/25

Prayers 10/11, 10/18, 10/25

Communion prep 10/25

Communion servers 10/4, 10/11, 10/18, 10/25

Prep Coffee 10/4, 10/25

Please call the office 952-881-8600 or email Jane V at jvevea@ctkb.org.

Loaves & Fishes—

Wednesday Night Dinner

10/14 & 10/28

CTK will be preparing and serving the 2nd and 4th Wednesday. We will prep their meals and hand them out. If you want to help, please contact the office—952-881-8600 or email Jane V. Thank you! Prep @ 2:30p Hand out 4:30p

Usher Schedule for October

October 4 & 11 - Team K— Roger Olson, Captain

October 18 & 25 - Team F— Jack Carlson and Jay Stanley, Co-Captains

Book Club Meeting

Join us on Sunday, October 25, in Room 11 right after worship! We'll be choosing our next book, so please bring your suggestions. Everyone is welcome! Questions? Ask Lynne Gasterland or Jean Butala.

October Open Forum

October 4 — Fellowship Time

October 11 - Beacon Soup Fundraiser

October 18 - TBD

October 25 - TBD

Bryant Community Garden

Our Fall Garden Clean-up is approaching. Please watch the Constant Contact for more information. We would love volunteers to help. If you are a garden box renter, watch for an email for recommendations on cleaning out your box.



Care Card Minister

Melissa Hill and Gail Hill

CTK Staff

Per Halaas, Pastor

phalaas@ctkb.org

Program Staff

Jane VeVea, Congregational Coordinator

jvevea@ctkb.org

Kristina Elder, CYF Ministry Director

kelder@ctkb.org

Music Staff

Angela House Gritton, Interim Director of Music Ministries

Darin Tysdal, Asst. Music Director

mahlerii@aol.com

Administrative

Jane Bishop, Financial/Property Administrator

jbishop@ctkb.org

Maintenance

Dan Lenort, Sexton

dlenort@ctkb.org

November Newsletter Deadline

Friday, October 16

Please email newsletter articles to jvevea@ctkb.org or leave a hard copy in the church office.

The King's Herald is published monthly by Christ the King Lutheran Church
Jane VeVea, Editor & Publisher
jvevea@ctkb.org 952-881-8600

I am happy to announce that **Angela House Gritton** will be joining our team as Interim Director of Music Ministries. Angela is a gifted musician and a highly qualified conductor and music director and comes to us with 20 years of experience in worship and music leadership. Beginning next week, she will be stepping in to direct the Trinity Choir and the Chapel Ringers. She will also be working with Darin and Kristina to formalize plans for the Acclaim Worship Band and the Family Choir.

Angela will be leading rehearsals on Wednesday, October 7th for the **Chapel Ringers** (6:00pm in the balcony) and the **Trinity Choir** (7:00pm in the choir room). Family Choir and Acclaim Worship Band rehearsal schedules have yet to be set but will be communicated very soon.

I have known Angela for many, many years--she is a valued colleague and a trusted friend. I truly believe that her incredible gifts, extensive knowledge, contagious enthusiasm, and brilliant creativity make her the right person to help shepherd this community through this next period of time. I know that she will be a welcome presence in our midst and will help to bring much needed stability and some exciting new ideas for our worship and music ministries.

Please join me in welcoming Angela to the CTK community!
~ Pastor Per



WELCOME TO THE
CTKS WOMEN'S GROUP

SHINE

WE COME TOGETHER TO
SUPPORT, HONOR, INSPIRE,
NURTURE AND ENCOURAGE
ONE ANOTHER

October 4th at 12 pm
Bring a dish to share

Theme: Faith in Color
WEAR your favorite color

For more information
Reach out to Kristina-kelder@ctkb.org



All Singers

Welcome!
to
P.O.P.
(People of Peace)
A
Multigenerational
POP UP CHOIR

- ADULTS
- YOUTH
- KIDS
- (Kindergarten and UP)
- All talents
- Come and SING

OCTOBER 11th -
REHERSAL - 8:45 am PREFORMANCE-
DURING WORSHIP

Same fun, different name - same spirit, different Flyer.
We have changed the "Family Choir" to P.O.P (People of Peace) As always all are invited!



Avoid The Flu!

Get the flu shot here
Wednesday, October 14th
4:30pm-6:30pm

The best way to protect yourself and others from severe influenza and hospitalization is by getting an annual flu shot. Flu vaccines are available for anyone 6 months old and up.

Cost: Most major insurance providers accepted. Please bring your insurance card to your appointment, if you have one. You can still be vaccinated if you don't have insurance or are unable to pay. Flu Vaccine Information Statement: <https://www.cdc.gov/vaccines/hcp/current-vis/downloads/flu.pdf> Data privacy: blm.mn/hipaa

If you need assistance to register
call Bloomington Public Health,
Phone: 952 563-8900



Scan to sign-up



The Power of Home CTK Fundraising Luncheon

All congregation event. All are welcome!

The Health Cabinet and
Public Witness Ministry team are
Puttin' on the Soup for Vista 44!

Program by Beacon Interfaith Housing Collaborative
and soup lunch following worship on Oct 11th.



Menu: Soup, Bread, Dessert, Beverage
Free will offering. All proceeds gifted to
the Coffee Connections fund at **Vista 44.**

Opening in 2025, **Vista 44** is a brand new, high-quality affordable housing apartment complex for 50 families. One, Two or Three bedroom apartments are available for families who make less than \$30,000 a year. And it's not just any affordable housing, but supportive affordable housing. Individualized on-site support services help children do better in school, help parents increase income and benefit families long-term health.

*"Let us go now to the banquet, the feast of the universe. The table's set
and a place is waiting; come everyone, with your gifts to share!"*
Let Us Go Now to the Banquet, by Guillermo Cuellar



CTK Foundation

In 2027, we will need two new board members. Please reach out to any current members if you are interested in joining the board.

The CTK Foundation is excited and blessed to announce that we have approved four separate scholarships of \$2000 each for the 2026-27 school year.

We need your help! We work hard to share funds to serve and expand the mission of CTK. If you know of an organization that could benefit from our support, please apply today! More info at

<https://www.cktb.org/ministries/ctk-foundation>

All are Welcome!

**CTKB
Craft Fair**

QR Code- Vendor registration

**-FREE
ADMISSION**
-Some vendors
are cash only



For more information -craftfair@ctkb.org

Handmade items

November 21st

9 am -3 pm

Christ the King Lutheran Church

Bloomington

8600 Fremont Ave S.

**Snacks and
Lunch items
for Sale**

Bake sale

COMMUNITY FRIDAY NIGHT

OCTOBER 9TH

AT 6 PM



MOVIE NIGHT

"EVAN ALMIGHTY "

Friday, Oct. 9th

Popcorn and Beverages

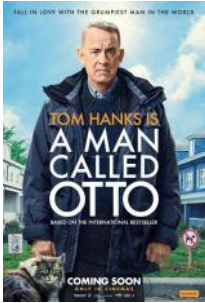
ALL AGES WELCOME

Be sure to invite Friends and Family

Kristina-kelder@ctkb.org

Fall in love with the movies!

Come enjoy a matinee with Pastor Per! We'll meet in the lounge at noon on Thursdays this October to watch a movie together and then talk about it! Bring something for lunch and we'll provide the popcorn, candy, and lemonade!

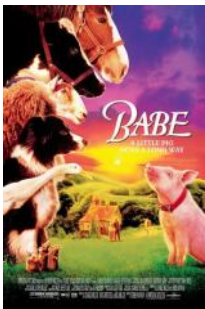


***A Man Called Otto* (2022, PG-13)**

October 8th

Directed by Marc Forster

Tom Hanks stars in this adaptation of the hit Swedish novel, *A Man Called Ove*, as a recently widowed grump who's determined that life is no longer worth living. And then a new family moves into the neighborhood. Though dark at times, this film is funny and moving.



***Babe* (1995, G)**

October 15th

Directed by Chris Noonan

This Oscar-nominated classic family film tells the tale of a little pig who doesn't know his place in the world. Won by Farmer Hoggett at the county fair, Babe shows him that this little pig is meant for more than just a trip to the butcher. It's MEA—bring the kids and be inspired!



***Flee* (2021, PG-13)**

October 22nd

Directed by Jonas Poher Rasmussen

This groundbreaking animated documentary follows Amin as he grapples with the story of his immigration to Denmark as a child refugee from Afghanistan and its impact on his adult life as he builds his career and seeks to settle down. This one is not-to-be missed.



***Sketch* (2024, PG)**

October 29th

Directed by Seth Worley

Celebrate Halloween with the story of a young girl whose drawings come to life and wreak havoc on her town and in her family. See them come together on an epic adventure to set things right. *Families please note: this movie is fun and made for families, but the subject matter can be intense and scary—even for "older" kids.*

Cornerstone - Gift of Love Cornerstone's continuum of service helps to create communities where individuals and families are safe and children thrive. They advocate, educate and lead the way to social change. Cornerstone's ultimate goal is to reduce the prevalence of interpersonal violence. Healthy futures are possible when we coordinate an effective crisis response, implement trauma-informed support services, mitigate the impact of violence on children and youth, and confront the roots of violence. For more information go to www.cornerstonemn.org.

Children, Youth and Family

September—Looking back -

Community Friday Night - Game night - Fun games, friends and giggles!



Youth Event

It was a success! With your help the youth were able to pack up 27 Birthday bags for VEAP - THANK YOU!



October fun:

Weekly or bi-weekly events/programming

- BLAST (Sunday school)
- Parenting Village group - Sundays after worship - Crossroads room
- Confirmation - 1st and 3rd Sunday of the month

WE need volunteers - please look on the counter in the commons To sign up!

Or email Kristina - kelder@ctkb.org



More info on page 7!

CYF - Programming Registration

If you have yet to register your child 3 yrs - 5th grade or your youth 6th grade - 12th grade Please do so.

YOUTH Registration Link:

<https://forms.gle/8mmxdCrYCBn1iUaa8>

CHILDREN Registration link:

<https://forms.gle/phmP1eBS6JRQeAtg7>

**CHRIST THE KING
CHILDREN AND YOUTH
PROGRAMMING
Registration**

Children's programs Youth programs



Kristina - kelder@ctkb.org
Children, Youth, and Families Ministry Director
Christ the King Lutheran Church
8600 Fremont Ave S
Bloomington MN 55420



Sign-up link coming soon!



YES it is almost time for CTK's Annual Trunk and Treat
Please sign up in the commons to help with games
and/or to have your TRUNK in the parking lot.
Be sure to invite family and friends!

Treasurer's Report

For the month of August 2026 the income was \$37,090.40 and the disbursements were \$39,291.11 making us behind for the month by \$2,200.71. Year to date, we have received \$376,179.20 and spent \$274,590.16 making us ahead for the year by \$1,589.04 We are grateful for your financial contributions and for all the ways you tend to our life together. If you have any questions regarding the financials, please feel free to contact CTKB Treasurer, Mike Haddox at mikehaddox1959@gmail.com or Jane Bishop, Financial & Property Administrator. Grace & Peace!

thankful

	Aug Budget	Aug Actual	YTD Actual
Income	\$40,612.47	\$37,090.40	\$376,179.20
Disbursements	\$42,175.72	\$39,291.11	\$374,590.16
Margin (Deficit)	\$ -1,563.25	\$ -2,200.71	\$1,589.04

